



July Youth Event

Saturday 14 July 2007 Chatfield State Park Discovery Pavilion

This month we'll be doing a new twist on the popular Chatfield Reservoir State Park ride. Our rendezvous point will be at the Discovery Pavilion, just south of Chatfield State Park and Reservoir. Head south on Wadsworth Blvd past the Reservoir. Take a left turn on Waterton Road, then an immediate left into the Lockheed Martin Discovery Pavilion parking lot.

About the Pavilion site: Fifty years ago this was a 5,000-acre ranch. Alfred Atchinson constructed the house nearby using sandstone quarried on the property and, in the late 1940's, the Verdos family raised cattle, chickens, corn and alfalfa. In 1955, with the advent of the space race and Cold War, the Glen L. Martin Company acquired the property. The sandstone house actually was the company's first headquarters. Later, Martin completed its present plant just west of here and on that site they built the Titan Intercontinental Ballistic Missile and launched the American Space program. This included construction of the Viking, the first spacecraft to land on Mars.

Where Chatfield's southwest corner meets Waterton Canyon, a unique mix of history, nature and modern technology converge. As a transitional zone between the mountain and the high plains ecosystems, the area is rich with stands of cottonwood, wetlands and ponds, not to mention gold medal trout fishing. Bicyclists, walkers, equestrians, joggers and anglers come to this area year round. A consolidated point of access was needed to serve the hundreds of thousands of people who visit Chatfield State Park,

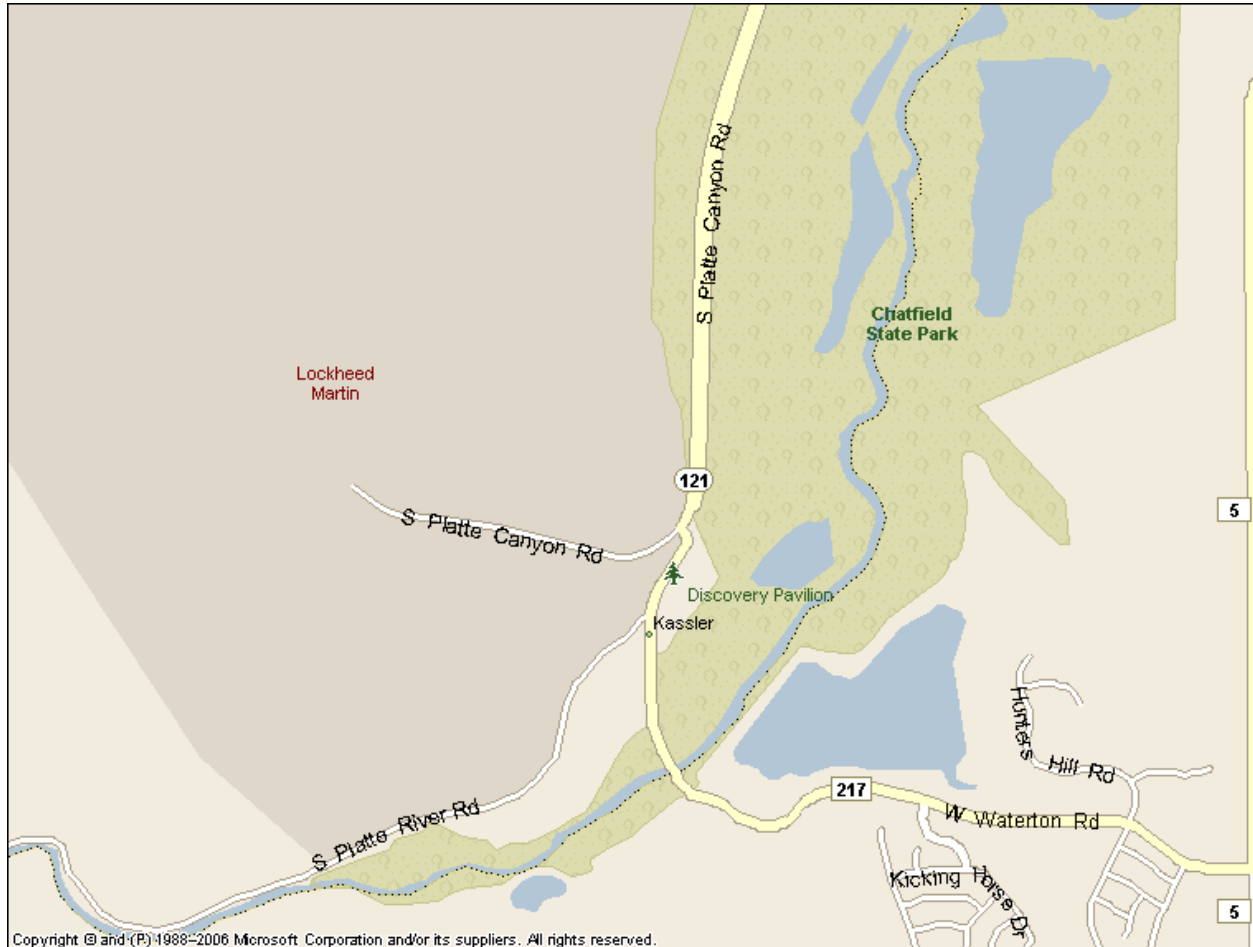
Waterton Canyon, the Kassler Center and the regional trails that converge here.

The Discovery Pavilion will be a focal point for trail user information as well as an interpretive center. Visitors will learn about trail safety and etiquette, the ecology of the local landscapes and the role of the South Platte River and water in Colorado's development. The Pavilion will also provide a place for visitors to park, meet fellow trail users, rest and picnic. Amenities will include parking for more than 150 vehicles, an attractive sun/storm shelter, grass amphitheater, central plaza, restrooms and drinking water. Thousands of indigenous trees and shrubs are being planted as part of the landscaping effort. Overlooks will provide of Denver Water's historic Kassler Center, Waterton Canyon and the South Platte River.

Map to venue provided on next page.

Ride start location: Discovery Pavilion

9:00am	Youth Pick up
9:30am	Kids Arrive
9:35am	Bike and Helmet distribution
9:45am	Instructions to riders on routes
9:55am	Break into groups
10:00am	Ride in the State Park or up Waterton Canyon
12:00pm	Regroup at base (truck)
12:30pm	Lunch at Cici's Pizza (Kipling Parkway and Chatfield Ave)
1:30pm	Return kids home



The starting location is Discovery Pavilion, as shown on the map above. Note: Platte Canyon Road is also known as Wadsworth to most of us. This is *just before* our typical starting area for the Waterton Canyon ride. Look for the Yellow Truck!

For our Lunch Destination:

Cici's Pizza is then north on Wadsworth to C-470, take C-470 west to Kipling (next exit). Head north on Kipling to Chatfield Avenue, where CICI's is on the right side of the street in a strip center.



Front Rangers Cycling Club

Driver Incentive

Drivers who pick up kids two times for the monthly youth events will get a new jersey. Besides a jersey, shorts and vests could also be earned.

Club Contacts / Officers

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Adult Member Coordinator Sharon Bair
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Bannock Race Coming Soon

The club sponsored Bannock Criterium is scheduled for Sunday 5 August 2007. We are fortunate to once again use our familiar venue (one never knows as Denver grows and development encroaches on our streets and parking lots...). The race will be a State Championship event for juniors, aligned with the club focus on proving youth with healthy choices in life through the sport of cycling. This event requires the engagement and assistance of all club members. In other words, we'll need your help! Setting up, breaking down, marshalling, working registration, etc. Please plan on spending at least a few hours with us on Saturday (set-up) or Sunday (race day) to make this a memorable experience for all.

Now is the time to be collecting donations of prizes or primes from businesses you might patronize regularly. These primes keep the race lively, and give the racers additional

incentives to give each lap their best effort. In prior years, the club has been able to offer primes for all races and almost every lap! Please watch your emails for more information about race organization, volunteer opportunities, and prize collections.

June Ride Summary

submitted by Sharon Bair

All who participated in the June outing had a great time. We went to Lyons Park in Golden and had a good turnout of adult volunteers, kids, and Junior Racers. Thanks to all who participated. We were able to break into several groups and do different rides - some rode on the bike trails and others did some off roading, which included some water routes as evidenced by the mud trails up their backs. Back at the park, several of the kids played volleyball or played on the playground. We managed to work our way through several bottles of Gatorade and around 10 pizzas. It seemed like all that was left was crumbs. The weather was perfect and so was the company. Another great outing for FRCC. We hope to all of you next month.

FRCC Scholarships Awarded

The Club has awarded 2 scholarships to its youth membership this year. The Front Rangers Cycling Club Scholarship Fund provides direct scholarship support to members and former members of the Front Rangers Cycling Club. The goal of the fund is to lighten the financial burden of pursuing a higher education. The fund is supported through individual and corporate contributions. Applications for the 2008 award will be accepted from February 1st to April 30th next year. Recipients of this year's awards are Daniel Flint and Christine Levy, who each received \$1000 toward their



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academic institution. Daniel is a student at Metro State College here in Denver, and is majoring in management. He is also minoring in recreation services, undoubtedly hinged on his passion for cycling and the benefits of activity to health and vitality. Daniel mentioned he isn't cycling as much as he used to, instead focusing most of his energies towards his studies; but he does enjoy participating on our monthly neighborhood rides. Christine attends Yale in Connecticut, where she has been inspired by numerous opportunities and avenues of study. Christine tells me that her focus will be global economics or politics, but that she isn't committing to anything right now. Christine participated a bit on the Yale Cycling team this past year, though like Daniel made academics the priority. Yale did claim the Ivy League title for the second straight year! A win at the ECCC Conference Championship Weekend capped a come-from-behind victory over rivals Princeton and Dartmouth. Yale is now in possession of both of "the cups" of the ECCC: the Ivy League cup and the Conference Championship cup. Always great to be on a winning team! Christine continues to ride this summer while doing an internship here in Denver, and aspires to participate in the Danskin Triathlon in mid-July. Congratulations to both recipients! As Daniel mentioned, what a wonderful opportunity extended to FRCC youth.

Deer Creek and High Grade Safety and Enforcement

submitted by Bill Wildberger

The Jeffco Sheriffs Department has asked all cyclists to be especially aware of the traffic laws regarding riding single file when there is any traffic and to the speed limits. This request is a result of the increasing conflict between drivers and cyclists and a serious bike accident, which occurred on Friday on High Grade. The area was heavily patrolled this weekend and the officer told me that

they will be ticketing drivers and cyclists for violations including those mentioned above. I understand that citations were issued on Sunday to speeding cyclists. I hope we all can support this effort by JeffCo. authorities to create an educational and enforcement effort which results in safer cycling.

Front Rangers to Jr. NATS

Gabe Bershenyi and Lloyd Sutton on 12 July and returning on the 16th. Nationals are in Seven Springs Penn. Wish the guys good luck! Lloyd will be heading to the Tour l'Abitibi in Canada directly from Nats. We'll keep you posted with results as they happen.

FRCC Clothing

Look your best on the Road with the new FRCC club attire! Paul has a good supply available: jersey's, shorts, jackets, etc in all the popular sizes. Give him a call if you need a private fitting.

Tour de France

It's coming! Running from Saturday July 7th to Sunday July 29th 2007, the 94th Tour de France will be made up of a prologue and 20 stages and will cover a total distance of 3,550 kilometres.

These 20 stages have the following profiles:

- 11 flat stages
- 6 mountain stages
- 1 medium mountain stage
- 2 individual time-trial stages

Vive le Tour